# LOSS CONTROL Policyholder Iraining Peries

### Policy Training Series (PTS) Important Points:

- The goal of a First-Aid program is to provide emergency care for an injury before professional care is available.
- Four essential components of a workplace first-aid program:
  - Management leadership and employee involvement
  - Worksite analysis
  - Hazard Prevention and Control
  - Safety and Health Training
- The OSHA First-Aid Standard is 29 CFR 1910.151.
- A specific person should be responsible for purchasing and maintaining first-aid supplies and equipment.

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# **Workplace First-Aid Program**

## **Emergency Care Before Medical Treatment is Available**

The purpose of a First Aid program in the workplace is to provide emergency care for injury or sudden illness before medical treatment is available. The provider must be trained in the delivery of these initial procedures until professional assistance is provided.

Components of workplace first-aid program includes four essential items:

- Management Leadership and Employee Involvement
- Worksite analysis
- Hazard Prevention and Control
- Safety and Health Training

Furthermore, the basic elements of the program should include:

- Identifying and assessing risks that have potential to cause injury.
- Designing and implementing the program that:
  - Minimizes the outcome of accidents or exposures.
  - Complies with OSHA requirements.
  - Includes sufficient quantities of supplies and equipment.
  - Assigns and trains first-aid providers periodically.
- Instructing all workers about the program, what to do in the event of an injury and have this available in writing.
- Provide scheduled evaluation of program to keep current and applicable to exposures.

#### **OSHA Requirements**

The OSHA First Aid standard (29 CFR 1910.151) requires trained first-aid providers at all workplaces of any size if there is no "infirmary, clinic or hospital in hear proximity to the workplace which is used for the treatment of all injured employees."

There are also several OSHA standards that require training in cardiopulmonary resuscitation (CPR).

#### First-Aid Supplies.

An employer should give a specific person the responsibility for choosing types and amounts of supplies and maintaining the inventory. They should be stored in a readily available area. An automated external defibrillator (AED) should be considered when purchasing first-aid supplies and equipment.

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